

# Dealing With Depression

TRIED, TESTED, AND TRIUMPHANT | Dr. David Jeremiah  
Job 3:1-26



## I. EXPERIENCING DEPRESSION

A. Why Did I Arrive?—Job 3:1-10

B. Why Did I Survive?

1. Job's Desire for Death—Job 3:11-12

2. Job's Description of Death—Job 3:13-19

C. Why Am I Alive?

## II. EXAMINING DEPRESSION

A. The Reality of Depression

B. The Recognition of Depression

C. The Routine of Depression

D. The Response to Depression

E. The Result of Depression—Job 23:10

To purchase related resources, please visit [DavidJeremiah.org](http://DavidJeremiah.org) or call 877.998.0222.  
Copyright © Turning Point Ministries. All rights reserved. Turning Point grants permission to print for personal use only.